

CB-BK WE1 2026: Session: 1: COACH evaluation sheet for TEAM: LGN

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Jorissen Tim

Coaches: Gitsels Els HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 200M FREESTYLE WOMEN 13-14 Heat:14, starttime: 09:08

Heat: 14/14 Lane : 8 Athlete: STAS LORANE Q-time: 02:17:61

PB (50m pool): 02:19.16 La Louvière 08/02/2026 PB (25m pool): no time SB: 02:19.16 La Louvière 08/02/2026

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:32.26	01:07.48	01:43.93	02:19.16	
	00:32.26	00:35.22	00:36.45	00:35.23	
					

Coach feedback:

Event number: 2: 200M BACKSTROKE MEN 13-14 Heat:3, starttime: 09:19

Heat: 3/11 Lane : 7 Athlete: RENOARD MAEL Q-time: 02:46:38

PB (50m pool): 02:50.24 La Louvière 08/02/2026 PB (25m pool): no time SB: 02:50.24 La Louvière 08/02/2026

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:40.90	01:24.43	02:07.60	02:50.24	
	00:40.90	00:43.53	00:43.17	00:42.64	
					

Coach feedback:

Event number: 2: 200M BACKSTROKE MEN 13-14 Heat:9, starttime: 09:41

Heat: 9/11 Lane : 6 Athlete: JORISSEN FINN Q-time: 02:31:86

PB (50m pool): no time PB (25m pool): no time SB: no time

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

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Event number: 2: 200M BACKSTROKE MEN 13-14					Heat:10, starttime: 09:44
Heat: 10/11 Lane : 4 Athlete: CARLOS DA SILVA ELAD-LYRON					Q-time: 02:27:38
PB (50m pool): 02:27.38 Luxembourg - Kirchberg 15/03/2026 PB (25m pool): no time SB: 02:27.38 Luxembourg - Kirchberg 15/03/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.99	01:12.52	01:50.76	02:27.38	
	00:34.99	00:37.53	00:38.24	00:36.62	
					

Coach feedback:

Event number: 3: 200M MEDLEY WOMEN 11-12					Heat:7, starttime: 10:13
Heat: 7/20 Lane : 1 Athlete: HANSOUL CHARLOTTE					Q-time: 03:08:80
PB (50m pool): 03:20.00 Seraing 22/03/2026 PB (25m pool): no time SB: 03:20.00 Seraing 22/03/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:46.51	01:38.60	02:37.74	03:20.00	
	00:46.51	00:52.09	00:59.14	00:42.26	
					

Coach feedback:

Event number: 3: 200M MEDLEY WOMEN 11-12					Heat:13, starttime: 10:35
Heat: 13/20 Lane : 2 Athlete: BOUVEROUX NINA					Q-time: 02:56:80
PB (50m pool): 02:56.80 Ottignies Louvain-La-Neuve 07/06/2026 PB (25m pool): no time SB: 02:56.80 Ottignies Louvain-La-Neuve 07/06/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:40.47	01:25.45	02:18.41	02:56.80	
	00:40.47	00:44.98	00:52.96	00:38.39	
					

Coach feedback:

Event number: 3: 200M MEDLEY WOMEN 11-12					Heat:17, starttime: 10:48
Heat: 17/20 Lane : 2 Athlete: PONCELET NIENE					Q-time: 02:51:27
PB (50m pool): 02:52.06 Seraing 22/03/2026 PB (25m pool): no time SB: 02:52.06 Seraing 22/03/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:40.30	01:23.18	02:16.41	02:52.06	
	00:40.30	00:42.88	00:53.23	00:35.65	
					

Coach feedback:

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Event number: 3: 200M MEDLEY WOMEN 11-12					Heat:18, starttime: 10:52
Heat: 18/20 Lane : 4 Athlete: MORENO NOÉLINE					Q-time: 02:48:36
PB (50m pool): 02:48.36 Luxembourg - Kirchberg 15/03/2026 PB (25m pool): no time SB: 02:48.36 Luxembourg - Kirchberg 15/03/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:37.22	01:20.82	02:12.03	02:48.36	
	00:37.22	00:43.60	00:51.21	00:36.33	
					

Coach feedback:

Event number: 3: 200M MEDLEY WOMEN 11-12					Heat:19, starttime: 10:55
Heat: 19/20 Lane : 2 Athlete: SCAGLIONE LOUISE					Q-time: 02:45:50
PB (50m pool): 02:51.56 Luxembourg - Kirchberg 15/03/2026 PB (25m pool): no time SB: 02:51.56 Luxembourg - Kirchberg 15/03/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:36.81	01:20.81	02:13.63	02:51.56	
	00:36.81	00:44.00	00:52.82	00:37.93	
					

Coach feedback:

Event number: 4: 100M BACKSTROKE MEN 11-12					Heat:4, starttime: 11:10
Heat: 4/12 Lane : 2 Athlete: SCHROYEN BENJAMIN					Q-time: 01:26:21
PB (50m pool): 01:38.85 Seraing 23/03/2025 PB (25m pool): 01:33.30 SB: no time					
	5 0 M	1 0 0 M			
PB	00:48.92	01:38.85			
	00:48.92	00:49.93			
					

Coach feedback:

Event number: 4: 100M BACKSTROKE MEN 11-12					Heat:7, starttime: 11:17
Heat: 7/12 Lane : 2 Athlete: MISCORIA-BAGANELLA GABRIEL					Q-time: 01:22:42
PB (50m pool): 01:23.59 Seraing 22/03/2026 PB (25m pool): no time SB: 01:23.59 Seraing 22/03/2026					
	5 0 M	1 0 0 M			
PB	00:40.47	01:23.59			
	00:40.47	00:43.12			
					

Coach feedback:

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Event number: 5: 100M BUTTERFLY WOMEN 13-14										Heat:4, starttime: 11:36	
Heat: 4/6 Lane : 4 Athlete: VAN HOVE PAULINE										Q-time: 01:11:96	
PB (50m pool): 01:17.43 Antwerpen 20/07/2025										PB (25m pool): 01:24.94SB: no time	
	5 0 M		1 0 0 M								
PB	00:36.93		01:17.43								
	00:36.93		00:40.50								
											

Coach feedback:

Event number: 7: 4x100M MEDLEY MIXED 11-12						Heat:2, starttime: 12:39		
Heat: 2/3 Lane : 3 Athlete: TEAM LGN 1						Q-time: 05:38:92		
PB (50m pool):			PB (25m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								

Coach feedback:

Event number: 8: 4x100M MEDLEY MIXED 13-14						Heat:4, starttime: 13:09		
Heat: 4/4 Lane : 3 Athlete: TEAM LGN 1						Q-time: 04:41:54		
PB (50m pool):			PB (25m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								

Coach feedback: